

St Mary's Lewisham CE Primary School

Headteacher: Ms Christine Bernard

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"St Mary's is a good school" - Ofsted December 2021

30 September 2022

Dear Parent / Carer,

Year 4 Swimming Lessons

Children in Year 4 will be participating in swimming lessons at the Glass Mill Leisure Centre in Lewisham every weekday afternoon from Monday 10th to Thursday 20th October. It is a requirement that your child goes swimming as it is part of the National Curriculum. He/she can only be excused if a doctor's note is provided.

Your child will be taught by qualified swimming instructors and supervised by three school adults. There will also be lifeguards present.

The first session on Monday 10th October will be a Health and Safety talk and your child will still require a swimming kit for this day. Please provide a towel and full costume for girls (no bikinis) plus a swimming hat or bands to hold their hair back and swimming trunks for boys (no long shorts). Goggles are optional. This should all be labelled and kept in a waterproof bag.

In case of bad weather your child may also require a waterproof coat as we will be walking to and from the Glass Mill Leisure Centre.

Yours sincerely,

Ms Vicki Stead
Class Teacher