

**Does your child display behaviours that
you find hard to understand ?**

are you finding...

**They struggle to
manage emotions**

**bedtime routines
are challenging**

**they're having
friendship difficulties**

**mealtimes
difficult**

**don't want to
go to school**



**they don't follow
instructions**

**have problems with
concentration**

**Would you like to feel more confident to manage
behaviours that can be challenging?**

Mental Health Support Team can help!

**Come along to learn more about our team, share
ideas and discuss strategies that help**

**Parents Coffee Morning
20th June 9am-10am
@ St. Mary's Primary School**

For more information contact: Marta Tildesley for more details

