

# St Mary's Lewisham CE Primary School

**Headteacher: Ms Christine Bernard**

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## "St Mary's is a good school" - Ofsted July 2016

Dear Parent/Carer,

We are writing to inform parents that there has been a case of head lice identified in the Year 4 class. While lice are nothing more than a nuisance, it is important that children are checked on a weekly basis so that any head lice can be dealt with quickly and before they can be allowed to spread. As there has been a case, we would ask you to check your child's head as soon as possible. Please follow the simple routine below to ensure that you are doing all you can to keep head lice outbreaks to a minimum.

### Checklist:

- Check your child's hair once a week.
- Use a comb to trap head lice.
- If you find live lice, consult a pharmacist for treatment advice immediately.
- If head lice are spotted, take a close look at the hair of all the family.
- Make sure to check especially behind the ears and the nape of the neck.

### Treatment:

- Please treat your child's hair with a clinically proven treatment provided by your pharmacist.
- Leave the treatment on for the recommended time for maximum effect.
- Continue to check for head lice on a regular, weekly basis.

For further information on head lice please see your pharmacist or visit [www.nhs.uk/conditions/head-lice](http://www.nhs.uk/conditions/head-lice)

It is important to remember that head lice is a very common occurrence and it's nothing to be embarrassed about. Head lice even like clean hair. Regularly checking and immediate treatment is key to be lice-free.

Yours sincerely,

Ms Bernard