

Peace - key themes to explore

- Inner peace - learning how to calm oneself, coping with anxieties and fears, enjoying silence, becoming more reflective, cultivating a contented spirit
- Peace between each other in school - making and keeping friends, sorting out arguments, making compromises, letting go of hostile feelings, building bridges, learning how to listen to each other
- Peace in the community - respecting differences, listening and talking with those who hold opposite views to you, honouring each other, finding common ground
- Peace in the world - ending wars, working for peace and peacekeeping, talking not fighting
- Peace with God - forgiveness, a new start, being reconciled to God; Christians believe that this is where it all must start for true peace to be found both inside ourselves and between each other
- Many of these themes are relevant to the Covid-19 pandemic; we can all pray for Peace for our friends and families, our local communities and across the world