



Our Vision

To be a learning community that promotes the unique gifts, wellbeing and potential of every person. Our work is founded on the life and teaching of Jesus Christ, building on his message of equality, peace and justice, guided by his words *'As I have loved you, so you must love one another'* (John 13:34).

ST MARY'S LEWISHAM CE PRIMARY SCHOOL PE AND SPORTS PREMIUM DEVELOPMENT PLAN 2020 – 2021

REVIEWED SEPTEMBER 2021

Key aims:

- To continue to employ a sports coach to develop PE in the school
- To support a Recovery Curriculum in the Autumn Term as children return to school following the Covid-19 lockdown
- Increase children's knowledge in how PE and sport can play a part in having a healthy lifestyle
- To continue developing sports activities available for pupils during lunchtime play
- Enable children to take part in a greater range of PE/sporting activity and broaden horizons as to what is possible
- Raise the skill level and confidence in children to participate in PE and various sporting opportunities and competitions
- To further improve the quality of PE provision within curriculum time. Provide a high level of challenge in this area of the curriculum for the children
- Enable the teaching and non-teaching staff team to have the ability to deliver or support in very high quality PE sessions for the children
- Raise the profile of PE and Sport across the whole school community to help to make developments sustainable for the future

Estimated Budget: **£19,700** (Actual payment £10,308 received October 2020 + estimated second payment of approximately £9,400)

Aims	Cost / Timescale	Actions	Impact
To continue to employ a sports coach to develop PE in the school	Sep 20 – Jul 21 £14,830	<ul style="list-style-type: none"> • A qualified and experienced coach will continue to be employed to provide high quality PE lessons and support the development of PE across the school, working five days per week, 25 hours – this includes an hour a day in the playground at lunchtimes 	<p>Sports coach employed through the year, 25 hours a week, to lead PE lessons with class teachers</p> <p>Sports coach monitors and assess pupil's decision making and performance skills.</p> <p>Sports coach leads After School extra-curricular</p>

			<p>Clubs every day in the Summer Term 2021, as well as taking children to Sports Tournaments which enables children to raise their skills levels and confidence and broadens their horizons.</p> <p>Sports Coach leads a wide range of lunchtime sports activities. Children's feedback is that they enjoy the activities. There is also a reduction in behavioural incidents in the playground with fewer children in reflection time, both year on year and as part of a longer term downward trend.</p>
To support a Recovery Curriculum in the Autumn Term as children return to school following the Covid-19 lockdown	Sep 20 – Dec 20	<ul style="list-style-type: none"> • It was recognised that many children will not have been getting enough exercise and physical activity during the lockdown • It was also recognised that the transition back to school could be challenging for children, having missed six months of schooling • A Recovery Curriculum will be created with a focus on PSHE, with additional time for PE, playtimes and physical activity • This will be supported by the Sports Coach 	<p>Parents Survey – 98% of parents stated that 'My children and I have been well supported by the school since the beginning of term' (Dec 20)</p> <p>Interviews with children – 100% stated that they enjoy PE lessons (May 21)</p> <p>Attendance has been high since the return to school in March (97% Summer Term 2021) which is above national average</p> <p>Behaviour tracking – Autumn 2020 – the number of children in reflection time was significantly lower than in previous years, although the number of serious incident cards was similar to previous years (the incident cards relate to a very small minority of children)</p>
Increase children's knowledge in how PE, sport and diet can	Sep 20 – Jul 21 £100 curriculum	<ul style="list-style-type: none"> • Children learn about a range of healthy activities at St Mary's and how they support a healthy lifestyle • Less active children brought into more activities – help to raise their self-belief • Growth Mindset will be introduced across the 	<p>ST MARY'S ACHIEVED THE HEALTHY SCHOOLS LONDON BRONZE AWARD SUMMER 2021</p> <p>Interviews with children – this was evidenced</p>

<p>play a part in having a healthy lifestyle</p>	<p>consultant</p>	<p>school and will encourage children to have a go at things they find challenging and persevere at activities, learning from their mistakes</p> <ul style="list-style-type: none"> • Parents to be encouraged to provide healthy packed lunches – more information to be made available through the website • Delivered through links to the PSHCE, History, Design Technology and Science curriculum 	<p>in thematic curriculum lessons, for example children reflected on the ingredients that would have been used during WWII rationing and compared the health and nutrition to a modern diet</p> <p>Children’s Questionnaire Nov 2020 ‘The curriculum, including Sports activities, help me to make healthy and safe choices in my life.’ – 66% strongly agree / 19% agree / 13% sometimes / 2% disagree</p> <p>A successful Health Week was run from 05/07/21 – 09/07/21, with a focus on ‘Healthy Body / Healthy Mind’. Activities included Yoga / Meditation / Vegetable Tasting / Fruit Kebabs / Healthy Maths / Sports Day. Children enjoyed all of the activities – evidenced on feedback forms.</p> <p>Events are booked for parents healthy cooking and Children are participating in healthy nutrition cooking workshops - we have been through a process to secure a new Catering contract – opportunities to promote healthy eating with children and parents were a focus of our decision making.</p> <p>Children are aware of the contents of their packed lunch and what makes a healthy balanced diet.</p>
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<p>To continue developing sports activities available for pupils during lunchtime play</p>	<p>Sep 20 – Jul 21</p> <p>Ongoing investment in equipment and resources</p> <p>£500</p>	<ul style="list-style-type: none"> • Sports coach to continue providing sports activities within dedicated zone on KS2 playground rotating between classes. Focus to be on skills-based activities. • Senior midday meal supervisor to support organisation of different activities within both KS1 and KS2 playgrounds. • Meals Supervisors to be empowered and encouraged to lead games with the children • Continue to allocate percentage of sports premium funding to cover the cost of the sports coach at lunchtimes 5 days per week (one hour a day) • Lunchtime play will include an investment in resources so that children can be actively engaged in a range of healthy sports and other activities • Midday meals supervisor training delivered by Chartwells catering company as part of their offer to schools • Ongoing investment in equipment and resources 	<p>Children enjoy the wide range of activities available at lunchtimes – this is evidenced through pupil voice. Children develop their skills and confidence.</p> <p>New resources purchased have been very popular – table tennis table, table football, balance boards, wheelie trolleys, toys and games, books – this is evidenced from monitoring of children’s participation</p> <p>Monitor the levels of behavior incidents, fixed term exclusions and First Aid incidents – First Aid incidents in the Autumn Term were lower than in previous years, one fixed term exclusion recorded and children in reflection time was reduced from the previous year. There was an increase in serious incidents, however the majority of these were attributed to a very small minority of pupils with SEBD needs.</p> <p>Sports Coach delivered CPD to all support staff to develop confidence in leading playground games and activities – feedback was very positive (TA survey) and staff are now leading a greater variety of games at lunchtimes</p>
<p>Enable children to take part in a greater range of PE/sporting activity and broaden horizons as to what is possible</p>	<p>Termly</p> <p>Swimming £1,200 for the summer term (cancelled in the autumn</p>	<ul style="list-style-type: none"> • The PE curriculum will cover a wide range of sports disciplines, including Gymnastics, Individual and Team Sports • To continue to increase participation in after school sports clubs • Sports coach to continue to provide daily sports clubs after school for all Y1 to Y6 children focusing on a range of different sports with an emphasis on increasing fitness levels 	<p>Children’s Questionnaire Nov 2020 ‘St Mary’s promotes my unique gifts through extra activities and clubs’ – 70% strongly agree / 20% agree / 9% sometimes / 1% disagree</p> <p>Interviews with children: <i>“Netball is challenging at first, you have to aim where you throw in limited time – it makes your brain think quickly”</i></p>

<p>term and likely to be cancelled in the spring term)</p> <p>School journey planned for the Summer term £1,500</p> <p>£200 Sports clubs</p>	<ul style="list-style-type: none"> • Allocate percentage of sports premium funding to cover the cost of sports coach after school 5 days per week. • Allow the school to make links with outside Sporting providers and club links – once Covid-19 restrictions have been lifted • Continue to run a Karate club by an external coach – once Covid-19 restrictions have been lifted • Continue to run a Gymnastics club before school, run by a qualified teacher – once Covid-19 restrictions have been lifted • Source a new teacher to deliver Ballet (KS1) and Dance (KS2) after school clubs – once Covid-19 restrictions have been lifted • Children attend weekly Swimming lessons at Glassmill pool in Year 4 – once Covid-19 restrictions have been lifted • Funding is provided to support all Year 6 children in experiencing a wide range of outdoor activities at a week-long residential school journey – booked for Summer 2021 • Children in Year 5 attend 2 whole day sailing sessions on the River Thames, run by AHOY – booked for Summer 2021 • Funding will be allocated to enable children from vulnerable families to attend sports clubs • Children will be participating in Cricket tuition as part of an initiative by Kent County cricket club – once Covid-19 restrictions have been lifted 	<p><i>"I like finding out about new things like Netball and Javelin"</i> May 2021</p> <p>Monitoring of After School Club provision and participation – Sports Clubs provided in Autumn and Summer terms – participation was good with 30-40% of children taking part each term</p> <p>Covid-19 restrictions have meant that we have not been able to run any additional sports clubs other than the multisports led by our FFS coach</p> <p>All children in Year 5 enjoyed 2 days of sailing on the river Thames in June / July 2021</p> <p>Year 4 children received a 2 week block of intensive swimming lessons at Glassmill pool</p> <p>Children move through the levels of Gymnastics awards</p> <p>Children are participating in a wider range of sporting activities</p> <p>Children's skill level and confidence increased.</p> <p>Year 6 cohort (21/22):</p> <ul style="list-style-type: none"> • 6 children can swim competently, confidently and proficiently over a distance of at least 25 metres • 7 children can use a range of strokes effectively
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			<ul style="list-style-type: none"> 6 children can perform safe self-rescue in different water-based situations <p>ACTION – book additional intensive swimming for this cohort in 21/22</p>
<p>Raise the skill level and confidence in children to participate in PE and various sporting opportunities and competitions</p>	<p>Sep 20 – Jul 21</p> <p>Sports day Ladywell Arena booking – £870</p> <p>TBC local schools network of sports tournament – not running in the Autumn term</p>	<ul style="list-style-type: none"> Sports coach to continue to provide after school football training for children x1 per week Sports coach to liaise with other Fit for Sport schools within Lewisham to organise inter school tournaments – once Covid-19 restrictions have been lifted Liaise with local schools to organise partnership sports days – x3 per year with focus on different sports and competition – once Covid-19 restrictions have been lifted A sports day will be organised annually where a range of athletic activities will be promoted. Children will get to perform at a local athletics stadium. Children in KS2 will have the opportunity to play in Borough Wide Football Leagues on a Monday after school – once Covid-19 restrictions have been lifted School will participate in Lewisham Sports tournaments to develop children participation inter-schools sports events – once Covid-19 restrictions have been lifted 	<p>Monitor the range of sporting opportunities provided – wide range of activities at lunchtimes and within PA lessons</p> <p>Sports Day held at Ladywell Arena on 09/07/21 – all children enjoyed six different athletic activities and running races. Sports Coach had trained the children for the events during Sports lessons to develop their skills and knowledge</p> <p>Interviews with children: <i>“Sports lessons are fun because we learn groupwork and team games and it makes us more passionate”</i> May 2021</p> <p>Sports Coach leads 2 weekly ‘Sports Stars’ sessions to deliver extra PE, PSHE and sporting opportunities to groups of vulnerable children identified through the weekly Inclusion Team meetings</p> <p>Lesson observations and assessment</p> <p>Sports coach monitors and assesses pupil’s decision making and performance skills. This is recorded to show development and progress made in each unit of PE.</p> <p>Children are participating in a wider range of sporting activities</p>

			<p>Opportunities have been limited by Covid-19, however Year 5 and Year 6 children took part in inter-school Football tournaments in July 2021 – the St Mary’s Girls’ team won their tournament</p> <p>Year 4 enjoyed 5 weeks of Cricket coaching in June / July 2021</p>
To further improve the quality of PE provision within curriculum time. To provide a high level of challenge in this area of the curriculum for the children	<p>Sep 20 – Jul 21</p> <p>£500 resources</p>	<ul style="list-style-type: none"> • Fit for sport coach to work five days per week to provide PE lessons for all children in the school • All children receive at least one hour of sports lessons with the Sports Coach a week • Investment in resources for PE lessons • Observation and monitoring of Sports lessons with feedback provided • Senior staff review Planning and Assessment regularly 	<p>Pupil Voice</p> <p><i>“Netball is challenging at first, you have to aim where you throw in limited time – it makes your brain think quickly”</i></p> <p><i>“I like finding out about new things like Netball and Javelin”</i></p> <p>May 2021</p> <p>Lesson observations</p> <p>Planning and Assessment</p> <p>Sports lessons led by the Fit for Sports Coach (FFS) have been observed by the PE coordinator and the FFS line manager, with feedback given.</p>
Enable the teaching and non-teaching staff team to have the ability to deliver or support in very high quality PE sessions for the children	<p>Sep 20 – Jul 21</p>	<ul style="list-style-type: none"> • Fit for sport coach to work five days per week to provide PE afternoons as part of the school’s CPD for teachers • Funding to release teachers to receive professional development and enhance their skills with teaching PE 	<p>Support staff work alongside the FFS coach, in order to support the delivery of PE lessons.</p>
Raise the profile of PE and Sport	<p>Sep 20 – Jul 21</p>	<ul style="list-style-type: none"> • Community Hub can offer parents sessions on healthy activities and choices 	<p>We have been limited in the links we can make with other schools during Covid-19, but inter-</p>

<p>across the whole school community to help to make developments sustainable for the future</p>		<ul style="list-style-type: none"> • Advertise local community events that promote healthy lifestyles for families • Develop sporting links with local schools • Sports Day • School Home Support worker can work with families to promote healthy lifestyles • Staff fitness club promotes wellbeing 	<p>school tournaments took place in Summer 21</p> <p>School Home Support continues to work with families</p> <p>Staff fitness club is well attended and receives very positive feedback – Staff Wellbeing Survey</p>
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Link Governor Sports Premium visit 26/11/20 "In summary, the school has ensured that the funding has continued to be appropriately used to support their learners. The FFSC has continued to be effectively deployed to increase engagement in activities throughout both lunchtime and after school. The school feels that the added staff involvement has further increased the value gained for all the pupils."