



## Our Vision

To be a learning community that promotes the unique gifts, wellbeing and potential of every person. Our work is founded on the life and teaching of Jesus Christ, building on his message of equality, peace and justice, guided by his words *'As I have loved you, so you must love one another'* (John 13:34).

### ST MARY'S LEWISHAM CE PRIMARY SCHOOL PE AND SPORTS PREMIUM DEVELOPMENT PLAN 2024 – 2025

#### Key aims:

- To continue to employ a sports coach to develop PE in the school
- Increase children's knowledge in how PE and sport can play a part in having a healthy lifestyle, so that increased participation is sustainable in the medium and long term
- To continue developing sports activities available for pupils during lunchtime play
- Enable children to take part in a greater range of PE/sporting activity and broaden horizons as to what is possible
- Raise the skill level and confidence in children to participate in PE and various sporting opportunities and competitions
- To further improve the quality of PE provision within curriculum time. Provide a high level of challenge in this area of the curriculum for the children
- Enable the teaching and non-teaching staff team to have the ability to deliver or support in very high quality PE sessions for the children – developing sustainability in the teaching of PE at St Mary's
- Raise the profile of PE and Sport across the whole school community to help to make developments sustainable for the future

#### **Budget: £17,750 to be received in November 2024 and June 2025**

Aims	Cost / Timescale	Actions	Impact
To continue to employ a sports coach to develop PE in the school	Sep 24 – Jul 25 £10,620	<ul style="list-style-type: none"> <li>• A qualified and experienced coach will continue to be employed to provide high quality PE lessons and support the development of PE across the school, working five days per week, 25 hours – this includes an hour a day in the playground at lunchtimes</li> </ul>	Sports coach employed through the year, 25 hours a week Sports coach monitors and assess pupil's decision making and performance skills.
Increase children's knowledge in	Sep 24 – Jul 25	<ul style="list-style-type: none"> <li>• Children learn about a range of healthy activities at St Mary's and how they support a healthy lifestyle</li> <li>• Less active children brought into more activities – help to raise</li> </ul>	Interviews with children Events are booked for parents healthy cooking and Children

<p>how PE, sport and diet can play a part in having a healthy lifestyle</p>	<p>Staff Training / Curriculum Development / Resources</p> <p>£300</p>	<p>their self-belief</p> <ul style="list-style-type: none"> <li>• Growth Mindset will be developed across the school and will encourage children to have a go at things they find challenging and persevere at activities, learning from their mistakes</li> <li>• Parents to be encouraged to provide healthy packed lunches – more information to be made available through the website</li> <li>• Delivered through links to the PSHCE curriculum and Science curriculum</li> <li>• Delivered through cooking opportunities in the curriculum with a focus on the heritage of our families at St Mary's</li> <li>• Build on the Healthy Schools Bronze award and apply for the Silver Award</li> <li>• Lunchtime drinks station</li> </ul>	<p>are participating in healthy nutrition cooking workshops. Children are aware of the contents of their packed lunch and what makes a healthy balanced diet.</p>
<p>To continue developing sports activities available for pupils during lunchtime play</p>	<p>Sep 24 – Jul 25</p> <p>Ongoing investment in equipment and resources</p> <p>£500</p>	<ul style="list-style-type: none"> <li>• Sports coach to continue providing sports activities within dedicated zone on KS2 playground rotating between classes. Focus to be on skills-based activities.</li> <li>• Senior midday meal supervisor to support organisation of different activities within both Reception, KS1 and KS2 playgrounds</li> <li>• Meals Supervisors to be empowered and encouraged to lead games with the children</li> <li>• Continue to allocate percentage of sports premium funding to cover the cost of the sports coach at lunchtimes 5 days per week (one hour a day)</li> <li>• Lunchtime play will include an investment in resources so that children can be actively engaged in a range of healthy sports and other activities</li> <li>• Training for support staff provided by Sports Coach</li> </ul>	<p>Monitor the levels of behavior incidents, fixed term exclusions and First Aid incidents</p> <p>Pupil Survey</p> <p>Parent Survey</p>
<p>Enable children to take part in a greater range of PE/sporting activity and broaden horizons as to what is possible</p>	<p>Termly</p> <p>Swimming £1,750 for 2 weeks for Year 4 – Summer Term</p>	<ul style="list-style-type: none"> <li>• The PE curriculum will cover a wide range of sports disciplines, including Gymnastics, Individual and Team Sports</li> <li>• The school have created a link with St Dunstan's which will enable our Year 6 children to benefit from a year of specialist sports coaching; each week, children will enjoy a term of football / swimming / hockey at the St Dunstan's sports ground in Catford</li> <li>• To continue to increase participation in after school sports clubs</li> <li>• Sports coach to continue to provide daily sports clubs after</li> </ul>	<p>Parent Questionnaire</p> <p>Children's Questionnaire</p> <p>Interviews with children</p> <p>Monitoring of After School Club provision and participation</p>

	<p>School journey planned for the Autumn term £1,500</p> <p>Platform Cricket £200</p> <p>Subsidise Gymnastics, Ballet and Karate classes £300 per term = £900</p>	<p>school for all Reception to Y6 children focusing on a range of different sports with an emphasis on increasing fitness levels</p> <ul style="list-style-type: none"> <li>• Allocate percentage of sports premium funding to cover the cost of sports coach after school 5 days per week.</li> <li>• The school will continue to make links with outside Sporting providers and club links</li> <li>• Continue to run a Karate club by an external coach</li> <li>• Continue to run a Gymnastics club and Ballet club after school, run by qualified teachers</li> <li>• Children attend Swimming lessons at Glassmill pool in Year 4 – booked for Summer 2024</li> <li>• Funding is provided to support all Year 6 children in experiencing a wide range of outdoor activities at a week-long residential school journey – booked for Autumn 2024</li> <li>• Children in Year 5 attend 2 whole day sailing sessions on the River Thames, run by AHOY - booked</li> <li>• Funding will be allocated to enable children from vulnerable families to attend sports clubs</li> <li>• Children will be participating in Cricket tuition as part of an initiative by Kent County cricket club</li> <li>• Inclusive multiskills sports festivals focus on providing SEN pupils with opportunities to compete in a range of sports against other schools</li> </ul>	<p>Monitor attendance at AHOY Sailing</p> <p>Monitor the children's progress at swimming lessons</p> <p>Children move through the levels of Gymnastics awards</p> <p>Children are participating in a wider range of sporting activities</p>
<p>Raise the skill level and confidence in children to participate in PE and various sporting opportunities and competitions</p>	<p>Sep 24 – Jul 25</p> <p>Sports day Ladywell Arena July 2025 booking – £280</p> <p>Lewisham Sports network – includes</p>	<ul style="list-style-type: none"> <li>• St Mary's take part in an Annual Swimming Gala, held at Glassmill Leisure Centre, this will consist of a team of swimmers competing in individual and medley races using all 4 strokes, competing against schools from across Lewisham</li> <li>• There is an equal focus on Girls and Boys in sports teams and the Girls football team have enjoyed wearing a brand new Premier League kit</li> <li>• Sports coach to continue to provide after school football training for children x1 per week</li> <li>• Sports coach to liaise with other Fit for Sport schools within Lewisham to organise inter school tournaments</li> <li>• A sports day will be organised annually where a range of athletic activities will be promoted. Children will get to perform</li> </ul>	<p>Interviews with children</p> <p>Monitor the range of sporting opportunities provided</p> <p>Lesson observations and assessment</p> <p>Sports coach monitors and assesses pupils decision making and performance skills. This is recorded to show development and progress made in each unit of PE. Children are participating in a wider range of sporting activities</p>

	organisation / equipment / hire of premises / trophies / certificates £900	<p>at a local athletics stadium.</p> <ul style="list-style-type: none"> <li>• Children in KS2 will have the opportunity to play in Borough Wide Football Leagues on a Monday after school</li> <li>• School will participate in Lewisham Sports tournaments to develop children participation inter-schools sports events</li> <li>• Children in Year 4 will play in a whole day Cricket festival against local schools</li> </ul>	
To further improve the quality of PE provision within curriculum time. To provide a high level of challenge in this area of the curriculum for the children	Sep 24 – Jul 25  PE curriculum resources £500	<ul style="list-style-type: none"> <li>• Fit for sport coach to work five days per week to provide PE lessons for all children in the school</li> <li>• All children receive at least one hour of sports lessons with the Sports Coach a week</li> <li>• Investment in resources for PE lessons</li> <li>• Observation and monitoring of Sports lessons with feedback provided</li> <li>• Senior staff review Planning and Assessment regularly</li> </ul>	Parent Questionnaire Children's Questionnaire Lesson observations Planning and Assessment Sports lessons led by the Fit for Sports Coach (FFS) have been observed by the PE coordinator and the FFS line manager, with feedback given.
Enable teaching and non-teaching staff team to have the ability to deliver or support in very high quality PE sessions for the children	Sep 24 – Jul 25	<ul style="list-style-type: none"> <li>• Fit for sport coach to work five days per week to provide PE afternoons as part of the school's CPD for teachers</li> <li>• Teachers to receive professional development and enhance their skills with teaching PE</li> </ul>	Support staff work alongside the FFS coach, in order to support the delivery of PE lessons.
Raise the profile of PE and Sport across the whole school community	Sep 24 – Jul 25  Organise	<ul style="list-style-type: none"> <li>• Community Hub can offer parents sessions on healthy activities and choices</li> <li>• Advertise local community events that promote healthy lifestyles for families</li> </ul>	Parent Questionnaire

to help to make developments sustainable for the future	and promote events £300	<ul style="list-style-type: none"> <li>• Develop sporting links with local schools</li> <li>• Sports Day</li> <li>• School staff can work with families to promote healthy lifestyles</li> <li>• Staff fitness club promotes wellbeing</li> <li>• Health Week in July – focusing on ‘Healthy Body Healthy Mind’</li> <li>• Liaise with a local Football Club to provide space(s) for disadvantaged children</li> </ul>	
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### Review of 2023/2024 Sports Premium funding

#### **Actual amount received: £17,716**

The Sports Premium funding was used to fund the following:

- £10,496 Contribution towards 5 days per week Fit for Sports coaching- 25 hours per week
- £200 Healthy lifestyle delivered through links to the Personal, Social, Health, Education (PSHE) and science curriculum
- £500 On-going investment in equipment and resources
- £1,500 Swimming (2 week intensive course for Y4 and 1 week each for Y3 and Y6)
- £1,500 School journey
- £270 Sports day (Hire of Ladywell Arena)
- £900 Lewisham Sports network
- £500 Investment in resources for PE lessons and Sports Day
- £500 Community events and family support
- £900 Subsidising after school clubs – ballet / gymnastics / karate throughout the year

#### **Impact:**

The key aims from the 2023 / 2024 Sports Premium plan have been met:

- Sports coach employed through the year, 25 hours a week
- Sports coach monitors and assess pupil’s decision making and performance skills
- Events are booked for parents such as healthy cooking and children are participating in healthy nutrition cooking workshops
- There has been an increase in positive behaviour during lunchtime play, a sustained reduction in first aid incidents and the children’s fitness levels are improving.
- Children are participating in a wider range of sporting activities including through PE lessons, after school clubs, sports tournaments with other schools, external specialist tuition and school journey
- Children are making good progress in their attainment in PE
- Children have developed their knowledge in how PE and sport can play a part in having a healthy lifestyle
- Children enjoy a wide range of sporting activities during lunchtimes

- The profile of PE, Sport and healthy activities have been raised across the whole school community
- Pupil and Parent Questionnaires evidence high levels of enjoyment in PE and Sports activities and that children can promote their unique gifts

### **Sustainability:**

The improvements will be sustainable due to ongoing investment in the successful initiatives, staff CPD and community activities, consistently building on the practices already in place. This is documented above in the 24/25 development plan.

### **Swimming:**

Percentage of pupils within the year 6 cohort who met the national curriculum requirement to:

- swim competently, confidently, and proficiently over a distance of at least 25 metres – **60%**
- use a range of strokes effectively (for example front crawl, backstroke, and breaststroke) – **27%**
- perform safe self-rescue in different water-based situations – **73%**